THE INTROVERTED LAWYER
A Seven-Step Journey Toward Authentically Empowered Advocacy
(ABA Publishing 2017)

While naturally loquacious law professors, law students, lawyers, and judges thrive in a world dominated by the Socratic question-and-answer method and rapid-fire oral discourse, quiet thinkers and writers can be sidelined. The Introverted Lawyer illuminates the valuable gifts that introverted, shy, and socially anxious individuals bring to the legal profession—including active listening, deep thinking, empathy, impactful legal writing, creative problem-solving, and thoughtful communication.

Heidi K. Brown is a graduate of The University of Virginia School of Law, a law professor at Brooklyn Law School, and a former litigator in the construction industry. Having struggled with extreme public speaking anxiety and the perceived pressure to force an extroverted persona throughout law school and nearly two decades of law practice, she finally embraced her introversion and quiet nature as a powerful asset in teaching and practicing law. She is the author of a two-volume legal writing book series entitled The Mindful Legal Writer, won a Global Legal Skills award for her work in helping law students overcome public speaking anxiety in the context of the Socratic Method and oral arguments, and was appointed to the Fulbright Specialist roster to teach English legal writing in international law schools. Heidi champions the power of quiet law students and lawyers to be profoundly impactful advocates, in their authentic voices.

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